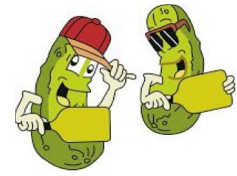


Sun City Oro Valley (SCOV) Pickleball Club

New Member Welcome Handout



BASIC PRINCIPLES

- We're here to have fun!
- Get some exercise, but not get hurt!
- Learn the game and play by the USAPA rules.

BENEFITS OF CLUB MEMBERSHIP

- To promote the sport of pickleball by playing with like-minded people.
- Able to play at any age and according to ability level.
- Balls are provided on each court--a cost-saving compared to other clubs where you must purchase your own.
- Minimal investment in equipment to play the game in contrast to other sports.
- Mini Clinics to teach basic and advanced skills.
- Mentors are provided during Beginner time slots from November to April.
- Social events, club Round-Robin tournaments, and Ladder Play.
- Tutor machines for practicing and training.
- Practice balls and court targets (hula hoops, stripes).
- Application is completed online, and \$20.00 pp membership dues are paid by credit card on our website: <https://scovpb.org>

PLAYING AT SCOV

Safety:

- Stretching before play improves balance and lessens the chance of injuries.
- Running backward is highly **discouraged** when the ball is hit over your head; you can trip and hurt yourself.
- Hydration: always bring water or drinks to keep hydrated.
- Sun Protection: wear a comfortable hat and clothing and use sunscreen as necessary.
- Safety goggles may prevent eye trauma.

Shoes and Paddles:

- "Court" shoes (pickleball, tennis, volleyball, or basketball; must have non-marking soles). Court shoes are much safer than others due to tread design.
- For a large selection of paddles: order online at Pickleball Central (www.pickleballcentral.com): 30-day try-before-you-buy and a 5% discount on all products-use code **CRSCOV** at checkout. You get 5% off and our Club gets 5% cash back at the end of the year! Pickleball Central also has a price match guarantee.

- Other online vendors:
 - www.totalpickleball.com/demoprogram.html (excellent demo paddle program)
 - www.pickleballgalaxy.com

LEVELS OF PLAY

We have a wide range of levels to meet the needs of Sun City residents:

- **Beginner** play is for those with less experience. Mentors may be on the courts during scheduled Beginner times to help players learn the game and improve basic skills. Rating 1.0 – 2.0
- **Transitional** play is for those who prefer a less vigorous game. Rating 2.0 – 2.5
- **Casual** play is for intermediate players who want to enjoy a moderately intense game. Rating 2.5 – 3.0
- **Competitive** play is for the higher skill level players who want to play a more active game. Rating 3.0 – 4.0
- **Tourney** play is for the highest skill level players. Rating 4.0 – 5.0

SCHEDULE OF PLAY

- Court schedules are posted at the courts and on our club website. The schedule indicates the start and end time for each level of play, depending on the season, the day of the week, and the court number.
- The Summer Schedule focuses on early morning and evening play to avoid the mid-day heat. The Fall, Winter, and Spring Schedules keep the courts busy throughout the day, not only for all levels of play but also times for women-only, training, round robins, ladder play, and reservable time slots.
- When you arrive at our courts, please place your name and time on the paper logs either on Court 1 or Court 4. The HOA wants to track our usage to get more courts. Courts 6 & 7 are blue-lined and use portable nets on the dual-use tennis court #4.

COURT RESERVATIONS

- SCOV residents, renters with a paid recreation card, and our Club members can reserve courts up to one week in advance on the SCOV Court/Lap Lane reservation system. You must apply to the HOA to be able to use this system. From the HOA home page go to Fitness-Reserve Court/LapLane then follow the instructions to create an account. This will take between 24-72 hours for approval.

You will be instructed to download the CourtReserve app on your smartphone or tablet to make court reservations. Normal reservations are for a 1.0-hour block only. You may make reservations for up to 1.5 hours but be forewarned you may overlap the next reservable period.

- The pickleball court schedule indicates which courts are reservable and when.
- Court reservations allow players to practice alone or play with chosen partners.
- A link to the HOA reservation system is available from the pickleball club website home page.

STORAGE ROOM (building between the pickleball and tennis courts)

- Pickleball Club left side of the room and Tennis Club on the right side.
- **Automated External Defibrillator (AED)s** Location and Training: Closest AED is in the Storage Room next to the restrooms. It is mounted on the fixed door inside the room. There is an AED at The Views Restaurant and another in the Fitness Center (**call Fitness Center Monitor at 520-917-8067 after calling 911**) All Monitors are trained annually to use the AED. Call Lonnie Davis (520-917-8073) to sign up for free AED training on the 4th Wednesday of the month.
- **First Aid Kits:** Small kits can be found in the Club bin by court 1. A larger kit can be found in Storage Room (by the restrooms) in the lower cabinet (a sign is on the cabinet door). These kits are primarily band-aids and tape.
- **Tutor machines:** Kept on chargers in the storage room; large bin of practice balls for the machines. We now have two machines: "Tutor" for standard practice; "Tutor Plus" for topspin and backspin practice. You must be certified to use and check out the Tutors for practice. Contact Linda Dolsberry at ldolsberry@gmail.com or 913-306-6392 for training before you use either machine.
- **Practice balls:** (orange, white, red, or yellow colored) are in the storage room. There are 5 ball caddies for individual court use. Please return them to the storage room after use. Each Tutor machine has a bin with over 100 red balls for its use. Only the red balls are to be used in the machines for the best operation. Do not mix other colored balls in the Tutor machines.
- **Hula Hoops:** Use for court targets when practicing serves, volleys, and third shot drops.
- **Ice Machine** (Storage room left side).
- **The SCOV Library has Pickleball Instructional Books/DVDs available for checkout.** There are many training videos on our Club website plus online: Primetimepickleball.com, Pickleballchannel.com; YouTube, etc.
- **Leaf Blowers:** Two cordless leaf blowers (plus spare batteries) are in the Storage Room and are used to clean courts in the mornings after rain or windy

conditions. Monday through Friday the courts are blown off early mornings by the HOA Common Grounds cleaning employees. The blowers are also useful in gathering up practice balls when using the Tutor machines. Please switch batteries after use; spare batteries are on the chargers on the countertop. The code for unlocking the blowers is 2202.

- **Brooms and Squeegees:** Push brooms are located on the north side fence on courts 1 and 5. Two squeegees are located in the Storage Room. These are used to clear water and debris off the courts as needed.
- **Lost and Found:** Left your gear after playing? Look in the marked bin near Court 1. If you have your phone number on your paddle, then someone will call you to retrieve it.

ON THE COURTS

- **Club Public Bulletin Board (north side fence on Court 1):** Review the Guest policy.
- **Court doors:** Always open doors into the court to keep people from bumping into an open door. When finished playing, close the doors to keep animals like javelinas out.
- **Lights and Timers:** Egg-type timers control court and seating lights; DO NOT TURN lights off. Allow them to turn off automatically.
- **Club Court Balls:** Each court should have 3 Club-provided balls in holders on the fence center of the court. Please return these balls to the holders once your game is finished. Cracked or defective court balls (DO NOT CRUSH) should be placed in the “bad ball bag” on the fence by the paddle rack on court 3; this way we can keep track of how many balls are broken or defective.
- **Guest Paddles:** can be found in the marked bin by court 1.
- **First Aid Kit:** Small kit (band-aids) in the gray bin by court 1.
- **Court Incident Reports:** In Club bin by court 1. These reports are for any unusual incidents that occur on the courts. Fill out a report as needed and return it to the same file in the Members’ Club bin. This file will be checked daily.
- **Waiver/Release forms:** This form is required for all new members to read, sign and submit on our website: (scovpb.org).
- **Sign-in/out forms:** We are tracking courts use for the HOA to demonstrate the need for more pickleball courts. Please sign in on the log-in/out sheet when using courts 1-5. Log-in/out forms are in binders on courts 1 and 4. When using courts 6 & 7 on the dual-use tennis court #4, use the log-in/out binder near our court 1.
- **Dress Code:** For the comfort of all members, proper dress is required. Members and guests are required to wear shirts, shorts/pants or skirts, and court shoes.

ROTATION OF PLAYERS

- Many times, we have more players than the courts can accommodate; therefore, to allow all to play we rotate in and out. Games are played to 11 points; no win by 2 in order to get more players on the courts. If eight or more paddles are waiting, then games should be played to only 9 points to win.
- Courts 6 and 7 (aka tennis/dual-use court #4) are also available for play. Sign the Courts 6 & 7 log on the bin by Court 1 when going to or from these courts. Our HOA wants to track our usage to demonstrate our need for more pickleball courts.
- Paddles are lined up in the rack on the court 3 fence from right to left. The first four paddles on the right (starting near the walkway) will enter the next empty court. Paddles remaining are then moved closer to the walkway and those coming off the court put their paddles at the end of the line.
- If only two players are waiting, then the two would go into the next empty court with the winners remaining. If four are waiting, then the four would go onto the next open court.

CALLING IN/OUT BALLS

- The player closest to the ball calls the ball in or out.
- If that player can't make the call, consult the partner.
- If not sure -then you MAY ask the opposing team how they would make the call. If you ask them then you MUST go by their call. BUT-you do not HAVE to ask them.
- If it is still not clear, **the ball is in**. Both partners must agree for a ball to be called out.
- No arguments, please...we're in it to have fun with good sportsmanship.

COURT COURTESY

- At SCOV we do not assign ratings of player skill level to members. Instead, we rely on members to self-rate as Beginner (1.0-2.0), Transitional (2.0-2.5), Casual (2.5-3.0), Competitive (3.0-4.0), or Tourney (4.0-5.0). We have a rating document at Resources-Player Skill Definitions on our Club website. This document will help you determine your approximate skill rating. In general, please observe the time slots designated for your category of play. It is

appropriate for Casuals to test their increased skills in Competitive slots and for Competitive players to occasionally play in Casual time when a player is needed.

- When the designated time slot for your level of play is over, yield the court to those waiting.
- Please respect the order of the paddles in the rack. If you wish to vary the grouping of players, do not displace paddles ahead of you without their owner's permission. Feel free to move your paddle back to mix players. Please put your name and telephone number on your paddle membership sticker. If you leave your paddle, someone can contact you about what to do with it.
- If you wish to play with a particular foursome, keep your paddles together as a group or reserve a court. Do not move others' paddles without permission.
- You do not have to play with everyone even if your paddles are adjacent. Move your paddle back in line as necessary.
- Abusive or foul language or rude behavior is not appropriate during play. Neither is slamming or throwing your paddle. Excessive actions may cause a player to be banned (suspended) from playing.
- Do not destroy club property. If you feel a ball is no longer good for play, please place it in the "Bad Ball Bag" by the paddle racks on Court 3. Unplayable balls should not be crushed before discarding.
- **Treat others the way that you would like to be treated.**
- If you witness unsportsmanlike behavior, please tell a pickleball club board member and/or fill out an Incident Report Form. Return the filled-out form back in the same file in the Members' club bin near Court 1. Every day the file is checked for reports.

DO-OVERS AND FAULTS

- A "do-over" can occur when there is a "hindrance" such as when a ball enters from another court or another player enters the court while in play.
- A fault can occur when:
 - A player fails to return the ball before it bounces twice.
 - A player does not allow the ball to bounce as required.
 - The ball is called out.
 - A player volleys from the kitchen or lands in the kitchen when volleying from outside the kitchen.
 - A player serves above the waist or steps on the baseline.
 - The server is outside the serving area (behind the baseline and within an extension of the centerline and sideline).

OTHER RESOURCES

- Go to the **USA Pickleball Association** website (www.usapa.org) to learn more about the game, and where to play, only \$35 to join, and receive a free digital copy of Pickleball Magazine plus other benefits!
- **Pickleball Strategy Guide** by Coach “Mo”: Go to our Club website to study/download. It is only 8 pages long but is packed with valuable advice to improve your gameplay. There are other links to training materials and videos on our website.
- **Primetimepickleball.com** (<https://www.primetimepickleball.com>) has excellent training videos. You can sign up for free weekly emails with new training videos.
- **Pickleball Channel** (<http://www.pickleballchannel.com>) for a free subscription to training and tournament videos.
- Go to our website: <https://scovpb.org/> for additional information, resources, and [answers to frequently asked questions](#).

FOR ADDITIONAL INFORMATION OR QUESTIONS PLEASE CONTACT:

- Linda Dolsberry: VP Membership/Training 913-306-6392 ldolsberry@gmail.com
- Michael Voellinger: President 304-218-1246 eer26003@gmail.com
- Jim Locnikar: Webmaster locnikig@gmail.com

SCOV-PBall-Club-New-Member-Handout-
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