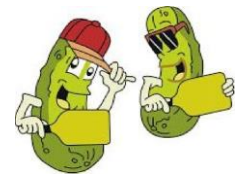


SCOV Pickleball Club New Member Welcome Handout



BASIC PRINCIPLES

- We're here to have fun!
- Get some exercise, but not get hurt!
- Learn the game and play by the USAPA rules.

BENEFITS OF CLUB MEMBERSHIP

- To promote the sport of pickleball by playing with like-minded people.
- Able to play at any age and according to ability level.
- Balls provided on court--a cost saving compared to other clubs where you must purchase your own.
- Minimal investment in equipment to play the game in contrast to other sports.
- Mini Clinics to teach basic and advanced skills.
- Mentors are provided during Beginner time slots November to April.
- Social events, club Round-Robin tournaments and Ladder Play.
- Tutor machines for practicing and training.
- Practice balls and court targets (hula hoops, stripes).
- Application is completed online, and \$20.00 pp membership dues are paid by credit card on our website: <https://scovpb.org>

PLAYING AT SCOV

Safety:

- Running backwards is highly **discouraged** when the ball is hit over your head; you can trip and hurt yourself.
- Hydration: always bring water or drinks to keep hydrated.
- Sun Protection: wear comfortable hat and clothing and use sunscreen as necessary.

Shoes and Paddles:

- "Court" shoes (pickleball, tennis, volleyball, or basketball; must have non-marking soles). Court shoes are much safer than others due to tread design.
- For a large selection of paddles: order online at Pickleball Central (www.pickleballcentral.com): 30 day try-before-you-buy and a 5% discount on all products-use code **CRSCOV** at checkout. You get 5% off and our Club gets 5% cash back at the end of the year! Pickleball Central also has a price match guarantee.

- Other online vendors:
 - www.totalpickleball.com/demoprogram.html (excellent demo paddle program)
 - www.pickleballus.com
 - www.pickleballgalaxy.com

LEVELS OF PLAY

We have a wide range of levels to meet the needs of Sun City residents:

- **Beginner** play is for those with less experience. Mentors may be on the courts to help players learn the game and improve basic skills. Rating 1.0 – 2.0
- **Transitional** play is for those who prefer a less vigorous game. Rating 2.0 – 2.5
- **Casual** play is for intermediate players who want to enjoy a moderately intense game. Rating 2.5 – 3.0
- **Competitive** play is for the higher skill level players who want to play a more active and competitive game. Rating 3.0 – 4.0
- **Tourney** play is for tournament skill level players. Rating 4.0 – 5.0

SCHEDULE OF PLAY

- Court schedules are posted at the courts and on the club website. The schedule indicates the start and end time for each level of play, depending on the season, the day of the week and the court number.
- The Summer Schedule focuses on early morning and evening play to avoid the mid-day heat. The Fall, Winter, and Spring Schedules keep the courts busy throughout the day, not only for all levels of play but also times for women-only, training, round robins, ladder play, and reservable time slots.

COURT RESERVATIONS

- SCOV residents can reserve courts up to seven days in advance on the SCOV Court and Lap Lane Reservation System.
- The pickleball court schedule indicates which courts are reservable and when.
- Court reservations allow players to practice alone or play with chosen partners.
- A link to the reservation system is available from the home page of the pickleball club website.

STORAGE ROOM

- Pickleball Club left side/Tennis Club right side.
- **Automated External Defibrillator (AED)s** Location and Training: Closest AED is in the Storage Room next to the restrooms between the tennis and pickleball courts. There is an AED at The Views Restaurant and another in the Fitness Center (**call Fitness Center Monitor 520-917-8067 after calling 911**) All Monitors are annually trained to use the AED. For free AED training contact Lonnie Davis; Fitness Supervisor (520-917-8073).
- **First Aid Kits:** Small kit can be found in the Club bin by court 1. Larger kit can be found in Storage Room (by restrooms) in lower cabinet (sign is on cabinet door). These kits are primarily band aids and tape.
- **Tutor machines:** Kept on charger in storage room; large bin of practice balls for the machines. We now have two machines: "Tutor" for standard practice; "Tutor Plus" for topspin and backspin practice. You must be certified to use and check out the Tutors for practice. Contact Linda Dolsberry (913-306-6392) or Craig Jones (503-312-7573) for training before you use either machine.
- **Ice Machine** (Storage room left side).
- **Practice balls:** (orange, white, yellow colored) are in the storage room. There are 5 ball caddies for individual court use. Please return them to the storage room after your use. Bin with over 100 balls is for use with Tutor machines.
- **Hula Hoops:** Use for court targets when practicing serves, volleys and third shot drops.
- **The SCOV Library has Pickleball Instructional Books/DVDs available for checkout.** There are many training videos on our Club website plus online: Primetimepickleball.com, Pickleballchannel.com; and YouTube, etc.
- **Leaf Blowers:** Two battery powered blowers (plus spare batteries) are in the Storage Room and are used to clean courts in mornings after rain or windy conditions. They are also useful in gathering up practice balls when using the Tutor. Please switch batteries after use; spare batteries are on the chargers on countertop.
- **Brooms and Squeegees:** Push brooms are located on the north side fence on courts 1 and 5. Two squeegees are located in the Storage Room by the restrooms. These are used to clear water and debris off the courts as needed.
- **Lost and Found:** Left your gear after playing? Look in marked bin near court 4.

ON THE COURTS

- **Club Public Bulletin Board (north side fence on Court 1):** Review the Guest policy.
- **Court doors:** Always open doors into the court to keep people from bumping into an open door. When finished playing, close the doors to keep animals out.

- **Lights and Timers:** Egg type timers control court and seating lights; please turn off when leaving as timers sometimes stick on.
- **Club Court Balls:** Each court should have 3 Club provided balls in holders on fence center of the court. Please return these balls to the holders once your game is finished. Cracked or defective court balls (**DO NOT CRUSH**) should be placed in the “bad ball bag” on fence by paddle rack on court 3; this way we can keep track of how many balls are broken or defective.
- **Guest Paddles:** can be found in the marked bin by court 1.
- **First Aid Kit:** Small kit (band aids) in gray bin by court 1.
- **Court Incident Reports:** In Club bin by court 1. Turn in at Admin Office or to the monitor in AFC if Admin building is closed.
- **Waiver/Release forms:** This form is required for all new members to read, sign and submit on our website: (scovpb.org).

ROTATION OF PLAYERS

- Many times, we have more players than the courts can accommodate; therefore, to allow all to play we rotate in and out. Games are played to 11 points; no win by 2 in order to get more players on courts. If eight or more paddles are waiting, then games should be played to only 9 points to win.
- Courts 6 and 7 (aka Tennis court 4) are also available for play. Sign the log in the bin by court 1 when going to those courts.
- Paddles are lined up in the rack on the court 3 fence from right to left. The first four paddles on the right (starting near the walkway) will enter the next empty court. Paddles remaining are then moved closer to the walkway and those coming off the court put their paddles at the end of the line.
- If there are only two players waiting, then the two would go into the next empty court with the winners remaining. If four are waiting, then the four would go onto the next open court.

CALLING IN/OUT BALLS

- The player closest to the ball calls the ball in or out.
- If that player can't make the call, consult their partner.
- If it is still not clear, **the ball is in**. Both partners must agree for ball to be called out.
- No arguments, please...we're in it to have fun with good sportsmanship.

COURT COURTESY

- At SCOV we do not have ratings of player skill level. Instead, we rely on members to self-identify as Casual, Competitive, or Tourney. In general, please observe the time slots designated for your category of play. It is appropriate for Casuals to test their increased skills in Competitive slots and for Competitive players to occasionally play in Casual time when a player is needed.
- When the designated time slot for your level of play is over, yield the court to those waiting.
- Please respect the order of the paddles in the rack. If you wish to vary the grouping of players, do not displace paddles ahead of you without their owner's permission. Feel free to move your own paddle back to mix players. Please put your name and telephone number on your paddle membership sticker.
- If you wish to play with a particular foursome, keep your paddles together as a group or reserve a court. Do not move others' paddles without permission.
- You do not have to play with everyone even if your paddles are adjacent. Move your paddle back in line as necessary.
- Abusive or foul language or rude behavior is not appropriate during play. Neither is slamming or throwing your paddle. Excessive actions may cause a player to be banned (suspended) from playing.
- Do not destroy club property. If you feel a ball is no longer good for play, please place it in the "Bad Ball Bag" by the paddle racks. Unplayable balls should not be crushed before discarding.
- **Treat others the way that you would like to be treated.**

DO OVERS AND FAULTS

- A "do over" can occur when there is a "hindrance" i.e. a ball from another court, or another player enters the court while in play.
- A fault can occur when
 - A player fails to return the ball before it bounces twice.
 - A player does not allow the ball to bounce as required.
 - The ball is called out.
 - A player volleys from the kitchen or lands in the kitchen when volleying from outside the kitchen.
 - A player serves above the waist or steps on the baseline.
 - The server is outside the serving area (behind the baseline and within an extension of the centerline and sideline).

OTHER RESOURCES

- Go to the **USA Pickleball Association** website (www.usapa.org) to learn more about the game, where to play, only \$35 to join, get free T-shirt, digital copy of Pickleball Magazine plus other benefits!
- **Pickleball Strategy Guide** by Coach “Mo”: Go to our Club website to study/download. It is only 8 pages long but is packed with valuable advice to improve your game play. There are other links to training materials and videos on our website.
- **Primetimepickleball.com** (<https://www.primetimepickleball.com>) has excellent training videos. You can sign up for free weekly emails with new training videos.
- **Pickleball Channel** (<http://www.pickleballchannel.com>) for free subscription to training and tournament videos.
- Go to our website: <https://scovpb.org/> for additional information and resources.

FOR ADDITIONAL INFORMATION OR QUESTIONS PLEASE CONTACT:

- Linda Dolsberry: VP Membership/Training 913-306-6392 ldolsberry@gmail.com
- Michael Voellinger: Alternate 304-218-1246 eer26003@gmail.com
- Jim Locnikar: Website Assistance locnikjg@gmail.com

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