

SCOV Pickleball Club Newsletter SEPTEMBER 2019

<https://scovpb.org>

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CHECK OUT OUR WEBSITE!



CHECK OUT what's under the Resources tab on our website! The Training Resources page includes books, DVDs and links to videos to up your game. You can find a video for almost any skill/technique you want to improve on; including kitchen play, third shot drop, volleying, lobs and slams, doubles play, and serving. In addition, there are links to several websites where you'll find even more tips, techniques and information. Want to know where any tournament is being held and the results (in real time)? It's just a click away on the Pickleball Tournaments website. Have you checked out the Pickleball Channel website, an online only media channel sharing the wonderful game of pickleball? You'll find the link on our webpage. Another great website for videos is Prime Time Pickleball. So, gather the family, pop some popcorn, and enjoy the shows!



What's New on the Courts!

- New net was installed this morning on Court 2 by HOA. All others will be replaced as soon as they arrive. Order was split by mistake by supplier. The new nets were ordered through Pickleball Central so our club should be getting 5%!
- Four new fans are in process of being ordered by the HOA and will be installed along the seating area. No timetable yet for this installation.
- Onix Pure 2 pickleballs have been very durable and most everyone likes the way they play. All Onix Fuse G1 & G2 balls are gone.
- New dawn to dusk light was installed over the steps to Court 1 and LED walkway lights on south side of courts are on egg timer like switches.
- Some toads and tarantulas have been spotted on the courts during early morning hours but no snakes this year (knock on wood)!  
- New Fall Schedule is being worked on by Scheduling Committee and will be sent to Members for input very soon.

The court bird
deterrent is working
well!



Want to know where there are places to play Pickleball around the US??
Check out this link to an app from USAPA: <https://www.places2play.org>

SAVE THE DATE!

HOLIDAY SOCIAL

Monday, December 16 at 5:00PM

Activity Center Auditorium

Watch for additional information in October

Tips to Improve Your Play!

Intermediate Level Players – How to up your game!

Practice, Practice, Practice Now that you have the basics of pickleball down, the best way to improve your game is to practice. Like any other sport, you can only improve. The sooner you start, the better. By practicing for an hour a day or several hours a week, you can easily improve your skill and capability with pickleball.

Shadow Your Partner If you've been playing with the same partner for a while, you should be getting in sync. Teamwork is easy when you know each other's quirks, habits, and rhythms. Pay close attention to how your partner handles the ball and coordinate your movements with theirs. Imagine your body connected to theirs. If you fall out of sync, you create the perfect opportunity for your opponent to strike.

Hit Down the Middle The pickleball net falls two inches lower in the middle. Smart players use this to their advantage by hitting down the middle of the court. Also, when your return is close to the center line, your opponents will have a hard time figuring out which partner should hit the ball. Eighty percent of your hits should be down the middle of the court to keep the ball in play and to give your opponents the opportunity to make a mistake.

Focus on Accuracy Once you've mastered the basics of pickleball and are practicing regularly, you need to focus on improving your accuracy. You not only want to hit the ball but also make sure it is going where you want it to go. Pay attention to your opponents' moves and visualize how to counteract their strategy. Watch your partner, coordinate your movements with theirs and home in on the ball when it is your turn to strike. In succeeding as a pickleball player, developing accuracy is key.

September Mystery Club Member...Who AM I?

I grew up in Madison, Wisconsin and surrounding area. Out of 6 children (5 girls, 1 boy), I was the 5th in line. Always a pretty shy person, I think I came out of my shell when I became a parent. You've heard of the saying "watch out for Mamma Bear", well that is how I felt for my children, 1 daughter & 1 son. I loved being involved in their young years and did a lot of volunteer things as they grew up. I was a stay at home Mom for 4 years, then went back to work part time. When a divorce came along, I went back to work full time and ended my career as a Human Resource Assistant. I did payroll and handled all benefits. I loved the work, but I finally retired 14 years ago. I wanted to be able to volunteer in the senior community, so I signed up with our local organization to deliver meals and take seniors to appointments. I really enjoy that and have done it pretty much since then when I am in WI.

I had remarried and my husband and I bought our home in SunCity in 2008 and have loved everything about it! Although he would like to live there full time, I still have too much family in WI to do that. The second year of the pickleball club, my neighbor there asked if I was interested in trying it. I was hooked and played pretty much every day, and sometimes twice a day! I had been on the Pickleball board for 6 years as secretary and President. I have taught beginners for years and like to help with the Mentor program. I occasionally teach some of the special offerings from the club. I LOVE playing tournaments!!

Can you guess who this is?? Their name can be found at the bottom of this page.

The Training Committee and the Scheduling Committee are working on the Fall/Winter Courts Schedule that begins on October 1st. We hope you had a chance to complete the short survey to assist the committees in developing this schedule. Specifically, they needed more information from the membership as to how much training will be wanted and therefore offered in the upcoming season.

The mentoring that is provided during the beginner's time slots is not affected by the outcome of this survey. Mentoring will continue to be provided during the beginner time slots throughout the winter season.

Did you guess who our September mystery member is? Thank you Judy Cornelius for sharing with us.