

# SCOV Pickleball Club Newsletter Summer 2018

<https://scovpickleballclub.wildapricot.org>

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## SUMMER TIME and the Living is...HOT!!

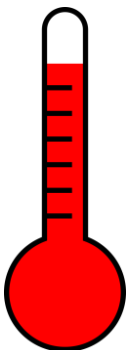
Although the thermometer is rising, that doesn't keep those who dare to stay the summer from playing our favorite sport!

Early risers are out on the courts from 6:30AM to 9:30AM

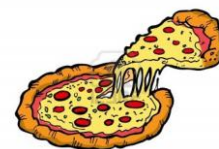
Those who prefer to sleep in and play as the sun sets....

Mixed play on Sunday, Tuesdays and Thursdays evenings

Ladies play on Monday and Wednesdays evenings



# CLUB SOCIAL EVENTS



## SUMMER PIZZA SOCIAL

will be held on Thursday, July 26 from 5:00PM to 7:00PM in the Activity Center Navajo/Hohokum Rms. Appetizers, Pizza, Dessert! BYOB. You must register to attend. Registration deadline is July 23. Cost is \$5.00 per person (members and guests). A 50-50 Raffle will be held. Tickets are \$1.00 each or 6 for \$5.00!

## LOW KEY...LOW STRESS MIXED DOUBLES TOURNAMENT

will be held sometime in August (Date TBA) in the cool (!) of the early evening. Prizes for top finisher and ice cream for everyone! Stay Tuned!

On our Website....Take a Look!



Can pickleball help you live longer? Researchers at Loma Linda University think so. Their Blue Zone studies show that exercise, diet rich in plants, and love of life (sense of community) are the basics for long life. Check out this link (also posted on the website: Resources tab-Basic Pball Strategies; Online Videos page)

<https://www.youtube.com/watch?v=GMtEePVkZac&feature=youtu.be>



## WANTED!

If you find a new training video or document that would be helpful to our Club members, send them to Nelson Brown; Secretary at [lnelsonb@gmail.com](mailto:lnelsonb@gmail.com) for review and inclusion to our website.

## CLUB BUSINESS

### QUARTERLY BOARD MEETING

**Rescheduled** from July 25 to

**August 9th at 1:00pm**

Catalina Vista - Pusch Ridge Room

## WHAT'S NEW ON THE COURTS!

- Courts have been very dirty so our HOA has agreed to clean them every Monday. Volunteers are needed to use our leaf blowers every morning except on Mondays to keep them clean. If interested please contact Nelson ([Lnelsonb@gmail.com](mailto:Lnelsonb@gmail.com)).
- An additional leaf blower has been purchased to clean courts and gather balls. The new leaf blower and batteries are identical to the original blower that we have in the Storage Room. It takes about 40 minutes to clean all 5 courts with one blower; half that time with two.
- Onix2 balls currently being used on the courts tend to get soft with heat and extended play. They do not crack like the Dura 40s so we are getting good play for the money (\$2.50/ball). Members should place balls that do not play well in "bad ball bag" for examination. Please do not crush!
- We just added member number 385 on July 1st! Welcome to Dee Moore!

### Summer Mystery Club Member...Who AM I?

**Get to know your fellow club members! Their name will be revealed in the next newsletter.**

I was born in Kentucky but lived most of my life in the Midwest. Having graduated from Evanston Township High School, I later earned 2 advanced degrees. These helped me become a parole officer and certified marriage counselor early in my career. Although I enjoy pickleball, I learned to play platform tennis first. Cycling is one of my passions and that is the activity where I met my spouse. I love music and photography and have lived in Sun City for the past five years. Who am I?

Did you guess who our May mystery member was? Thank you **DON TEISER** for sharing with us. A multi-faceted and highly accomplished club member!

# SUMMER FUN ON THE COURTS !

